



Marae based Whānau Ora PATH Planning

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Aumangea Resilient Communities Conference, Palmerston

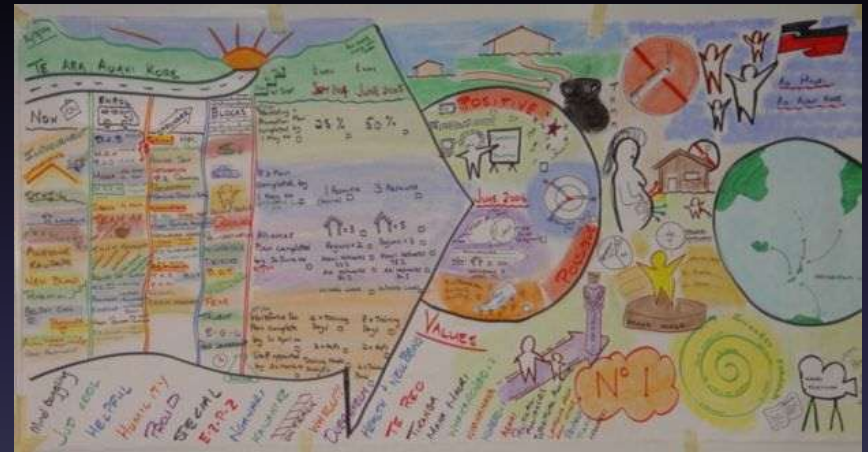
North, September 2012

Overview

- What is the Whānau Ora PATH Planning approach?
- Success factors and Learnings
- Whānau feedback
- Questions

What is the PATH?

- Planning Alternative
Tomorrows with Hope
- A visual planning tool
- A data gathering tool
- A tool for change



Steps to PATH

1. Create a common **Identity**

2. Touch the **Dream**

3. Acknowledge **Achievements**

4. Pull out the **Values**

5. Ground in the **Now**

6. Identify who you need to
Enrol

7. Recognise how to build
Strength

8. **Blocks** – what might get in
the way

9 – 11. The **Action** for the
PATH ahead

12. Record the emotions and
Feelings

Criteria

- Willingness to participate
- OK doing this with other whānau in marae noho
- Whānau agreement – budget, roles, shared expectations

Marae based wānanga

- 3 marae based wānanga – Mahia, Motuiti, Manutuke
- 3 x 2 day noho over 3 months – Palm Nth, Gisborne
- 9 Whānau – 17 adults, 24 children plus local whānau – kaupapa whānau/whānau toto
- 4 generations

Wānanga overview

- **Wānanga 1:**
Whanaungatanga,
Whānau Ora, PATH intro
- **Wānanga 2:** PATH
planning, Collective PATH
- **Wānanga 3:** PATH
completion, Celebration,
Where to?



Pre-Wananga

- **Kaupapa** – marae based PATH planning
- **Facilitator** identified and planning
- **Criteria** for whānau participation (who, how)
- **Whānau hui** to kōrero kaupapa, dates, whānau agreement
- **Programme planning** – marae, childcare, catering, travel, whakapapa

During Wānanga

- **Whānau Activities** – purposeful activities – whakapapa, local history, whānau kōrero, games, waiata, Pāua farm visit
- **Whānau dynamics** – constantly gauging to ensure whānau are OK
- **Roles and responsibilities** – Whānau roster, karanga
- **Guest presenters** e.g Marcia – kaupapa Māori (He tāonga te mokopuna, Hākuitanga/Hākorotanga)
- **Collective PATH** – shared vision, whānau capacity and support











Post Wānanga

- Individual whānau follow-up home visits
- Whānau kai and celebrations
- Cluster follow-up hui – Foxton
- Whānau hui with community resource people

Success factors

- Marae based and whakapapa connected
- Quality relationship and communication between Coordinator and Facilitator
- Managing whānau dynamics – knowing the whanau
- Thorough planning and reflection
- The PATH Facilitation approach

Learnings

- **Whānau dynamics and realities** – no license, illegal vehicles, pending court cases, addiction, relationship issues
- **Always checking in with whanau** – day and night, what works and doesn't
- **Working with whānau at their pace**

Whānau Outcomes

- 9 whānau PATH's and 1 collective PATH
- 2 whānau – alcohol free
- Whānau working together – e.g tangi
- Whānau health plans
- Employment and training

Strong Starfields

Live the Life you Love!
Love the Life you Live!



Own home and Land w/ River/Lake

Moving on - A Good
Excited - Soory (Change)
Amazing - primo
Exhilarated
Stronger

Tension is OK
1st Step - proud
Good of an exciting but still Soory

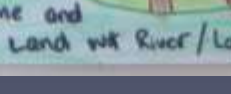
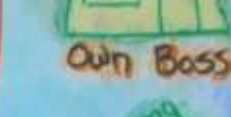
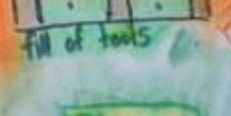
fill of tools

Own Boss

Learning

Fishing

Happy Family



Our Whanau Plan Freedom



TENSION IS AN ASSET → CHANGE →

HAPPY FEEL GOOD
 CHOICE!!
 AWESOME
 PRIMO!!
 ACHIEVABLE
 AMAZED!
 BLOWN AWAY
 OVER THE FLIPIN MOON!!

VALUES
 Love + Good Health
 Happiness Fun!!
 Stability Whanua
 Freedom TERO + TIKANGA
 Family Strength WAKAPAPA



OK

ROAD TO A BETTER P.A.T.H



Happy family



DEPT FREE

PEACE



Hawora



Now \$20K

ENROL

STRONGER

Blocker 1st step

APRIL 1st step

MAY 1st step

POSITIVE + POSSIBLE

our relationship collecting our voices

Connected to network

Social Bonding & Support

US - something low - in case
Budget
Apt
\$\$ plan
Isaac
- health plan
- creative plan
Marcia
- whanau plan

Money management
time around
creative food
other
self discipline
relationships
KNOWLEDGE

WHANAU
- Support with kids

RELATIONSHIPS
- Student Advisor
- Food
US - couple - friends - parents
Kids

OURSELVES

Work

\$\$

Motivation

Read the book
- Plan to do manage
7 20/1/12

1x bill - Partner

2 per week

2 bills paid

3 per week

6x whanau outings

12x whanau outings

HAWORA
Plan structure
9x meals P/W

WAKA-BIGGER

WAKA-BIGGER

MITCHELL

VALUES

Motivation
Stability
Happiness
Freedom
LOVE

Mama

Bella

Olivia

